

Original Research

Protective potency of clove oil and its transcriptional down-regulation of *Aeromonas sobria* virulence genes in African catfish (*Clarias gariepinus* L.)

M. I. Abd El-Hamid¹, N. K. Abd El-Aziz^{1*}, H. A. Ali²

¹Department of Microbiology, Faculty of Veterinary Medicine, Zagazig University, Zagazig, Sharkia, Egypt

²Department of Biochemistry, Faculty of Veterinary Medicine, Zagazig University, Zagazig, Sharkia, Egypt

Abstract: Disease episodes of fish caused by *Aeromonas* species are moved to the top list of limiting problems worldwide. The present study was planned to verify the *in vitro* antibacterial activities as well as the *in vivo* potential values of clove oil and ciprofloxacin against *Aeromonas sobria* in African catfish (*Clarias gariepinus*). The *in vitro* phenotypic virulence activities and the successful amplification of aerolysin and hemolysin genes in the precisely identified *A. sobria* strain were predictive for its virulence. In the *in vivo* assay, virulence of *A. sobria* strain was fully demonstrated based on constituent mRNA expression profile of tested virulence genes and typical septicemia associated with high mortalities of infected fish. Apparent lower mortality rates were correlated well with both decrescent bacterial burden and significant down-regulated transcripts of representative genes in the treated groups with clove oil, followed by ciprofloxacin as a prophylactic use for 15 days ($P < 0.0001$); however, the essential oil apart from ciprofloxacin significantly enhanced different hematological parameters ($P < 0.05$). In addition, administration of antibiotic may be considered as a pronounced stress factor in the fish even when it used in the prophylactic dose. In conclusion, medicinal plants-derived essential oils provide a virtually safer alternative to chemotherapeutics on fish, consumers and ecosystems.

Key words: Clove oil, *Aeromonas sobria*, African catfish, gene expression, blood chemistry.

Introduction

Aeromonas sobria infection in catfish is fatal causing hemorrhagic septicemia, ascites and ulcer formation (1). The occurrence of septicemia is mainly contributed by the release of two important virulence factors; extra-cellular hemolysin and aerolysin (2).

At present, the interest in protection against fish diseases has grown enormously. The use of antibiotics has become an urgent need to solve the problem of progressing and persistence of the serious bacterial diseases' outbreaks, particularly when used as early as possible. However, several difficulties are often encountered by antibiotics regarding the cost of drugs, accumulation of antimicrobial hazardous residues in fish flesh and subsequently in human tissues, environmental pollution and the risk of developing bacterial resistance (3). In order to cope with these negative impacts, several attempts have been made to develop the disease control measures using natural plant-derived extracts with multi-antimicrobial properties as alternative therapeutic and/or prophylactic agents against several fish pathogens (4).

Considering the importance of *A. sobria* as a lethal pathogen in fish farms, many practical and experimental studies were reported to investigate the antimicrobial potential values of the essential oils against the considered pathogen (1, 5); but, there were no previous reports explored their impact on virulence genes' expressions in such aeromonad. Therefore, the present work was conducted to determine the *in vitro* antibacterial activities of clove oil and ciprofloxacin against *A. sobria*. Further, a possible *in vivo* approach was performed in African catfish challenged with *A. sobria* for demonstrating the efficacy of clove oil and ciprofloxacin on the expression profiles of virulence-associated genes of the considered bacterial pathogen using quantitative real

time reverse transcriptase PCR (qRT-PCR).

Materials and Methods

Bacterial strain

A presumptive strain of *Aeromonas* species isolated from naturally infected freshwater fish during a previous microbiological survey was kindly obtained from Department of Fish Diseases, Faculty of Veterinary Medicine, Zagazig University, Egypt. The putative isolate was identified on the basis of Vitek® 2 system (bioMérieux, Inc., Hazelwood, MO, USA), then molecular characterization was verified by polymerase chain reaction-restriction fragment length polymorphism (PCR-RFLP) analysis of 16S rRNA gene following the methods described previously (6). The bacterial isolate was passed twice in a healthy African catfish to enhance its virulence then re-isolated from moribund, freshly dead or sacrificed fish to be used for experimental challenge (7).

Virulence properties of the bacterial strain

The confirmed *A. sobria* strain was tested for β -hemolytic activity on blood agar base (Oxoid, Hampshire, England, UK) supplemented with 5% of sheep erythrocytes and its ability to take up Congo red dye (Sigma-Aldrich, Co., St. Louis, MO, USA) using the methods reported previously (8). Further, it was scree-

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* Corresponding author: Norhan K Abd El-Aziz, Lecturer of Microbiology, Faculty of Veterinary Medicine, Zagazig University, Zagazig, Sharkia, Egypt. Email: norhan_vet@hotmail.com; nourhan_vet@zu.edu.eg; pdrahmedpdrahmed@yahoo.com

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ned for the presence of genes encoding aerolysin and extracellular hemolysin by PCR using primers and conditions already mentioned previously (9-11).

***In vitro* antibacterial assays**

The susceptibility testing of *A. sobria* strain against clove oil emulsion (20%) in Tween-20 (1%) (Sigma-Aldrich, Co., St. Louis, MO, USA) (12) and several antibiotics including nalidixic acid (30 µg), ciprofloxacin (5 µg), norfloxacin (5 µg), ampicillin (10 µg), amoxicillin/clavulanic acid (20/10 µg), ceftriaxone (30 µg), chloramphenicol (30 µg), trimethoprim/ sulfamethoxazole (1.25/23.75 µg), gentamicin (10 µg), erythromycin (15 µg) and colistin sulphate (10 µg) (Oxoid, Hampshire, England, UK) was carried out using disc diffusion method (13). Moreover, minimum inhibitory concentrations (MICs) of clove oil and ciprofloxacin (Sigma-Aldrich, Co., St. Louis, MO, USA) were determined using the reference broth microdilution method as the protocols described elsewhere (14-16). The susceptibility breakpoints were defined in accordance with the interpretive criteria published in the Clinical and Laboratory Standard Institute (CLSI) document M45 (15).

Fish, ethics and consent

A total of 240 apparently healthy African catfish (*C. gariepinus*) obtained from Abbassa Fish Hatchery, Egypt with an average body weight of 15 ± 5 g were transported alive to the laboratory for an experimental study. The health status of fish was examined immediately upon arrival for any abnormal behavioral changes, external signs and gross lesions before the onset of the experiment. Fish were acclimatized to laboratory conditions for two weeks providing adequate feed and better aeration. They were maintained at 25-28°C in glass aquaria with dimensions of 30 x 80 x 40 cm, supplied with chlorine free tap water. During this time and throughout the experiment, they were fed a commercial balanced diet containing 30% crude protein twice daily. Handling of fish was conducted in strict accordance with the recommendations set up by the Canadian Council on Animal Care (CCAC) following the guide to the care and use of experimental animals (17). The protocol was approved by the Committee on the Ethics of Animal Experiments of the Faculty of Veterinary Medicine, Zagazig University, Egypt.

Experimental design

Eight triplicate groups each of 10 healthy African catfish were allocated for the experiment. Group one (infected non-treated) was consistently intra-peritoneal (I/P) inoculated with 0.2 ml of 24 h broth culture of *A. sobria* (2.5×10^8 CFU) (1); group two (non-infected non-treated) was injected I/P with 0.2 ml of sterile tryptic soy broth; the next four groups represented infected treated ones and comprising the following: group three was supplied by a fish diet supplemented with 3% clove oil for five successive days, infected similarly on the 6th day then reared for additional 10 days with the assigned fish diet as a prophylactic use (18), group four was administered by a prophylactic dose of ciprofloxacin (15 mg/kg body weight) orally, five times every 72 h intervals (19), then infected similarly, group five received the bacterial infection then treated by a therapeutic dose of clove oil

(13.25 µl/l) as a bath and group six was infected and treated by a therapeutic dose of ciprofloxacin (25mg/l) (1), both therapeutic treatments were continued for five successive days without water renewal. Last 2 groups (non-infected treated) received either clove oil or ciprofloxacin only, and assigned as groups seven and eight, respectively. Importantly, clove oil concentration has no sedative effect in African catfish and was chosen to avoid behavioral side effects during the long exposure time of the experiment protocol (20).

All the experimentally treated fish were monitored twice daily for any abnormal clinical signs and mortalities. Besides, the dead, moribund and clinically diseased fish were subjected to re-isolation and identification of the challenged bacterium adopting the methods described formerly (5).

Biochemical and serum analysis

Serum samples were used to evaluate aspartate aminotransferase (AST), alanine aminotransferase (ALT), total proteins, malondialdehyde (MDA), reduced glutathione (GSH), urea, creatinine and immunoglobulin (IgM) levels two weeks post challenge (21).

RNA extraction and qRT-PCR analysis

Total RNA extraction was accomplished using QIAamp RNeasy Mini kit (Qiagen, Germany, GmbH). Quantitative RT-PCR was performed to determine the expression patterns of aerolysin and hemolysin genes of *A. sobria* in tissue specimens of fish in triplicates using one-step RT-PCR kit with SYBR green (Qiagen, Germany, GmbH). Reaction mixtures were incubated at 50°C for 30 min, followed by one cycle of 94°C for five min and 40 cycles of 94°C for 15 s, 52°C for 30 s, 72°C for 30 s for aerolysin gene and 94°C for 45 s, 55°C for 30 s, 72°C for one min for hemolysin gene. Dissociation curves were generated by a cycle of 94°C for one min, 52°C for one min (aerolysin); 55°C for one min (hemolysin) and 94°C for one min. The relative quantitation of mRNA expression in each sample was normalized to the constitutive expression of the 16S rDNA housekeeping gene. The transcription levels were analyzed using the comparative $\Delta\Delta C_t$ method (22).

Statistical analysis

Results were analyzed by One-way analysis of variance (ANOVA), followed by Tukey's Honestly Significant Difference (HSD) as post hoc test using Statistical Package for Social Sciences (SPSS) version 22.0 (IBM Corp., Armonk, NY, USA). The data were showed in means \pm Standard Error of Mean (SEM) and significance was indicated at P value < 0.05 .

Results

Identification and *in vitro* virulence traits of *A. sobria* strain

Typical aeromonad morphological and biochemical characteristics delivered a preliminary identification of presumptive *Aeromonas* strain. Further, PCR- RFLP analysis of the 16S rRNA gene resulting in DNA fingerprints (ranging from 33 to 207 bp) constituting specific patterns accurately identified the bacterial strain to the level of phylogenetic species. It is worthy to mention

that our strain showed a positive hemolytic reaction, strongly bound with Congo red and possessed aerolysin and hemolysin genes encoding virulence traits as revealed in simplex PCR assays, hence assumed to be more virulent.

In vitro antibacterial activities

In vitro sensitivity results using disc diffusion method indicated a strong inhibitory activity of clove oil against *A. sobria* strain (zone diameter = 40 mm). Various susceptibility patterns to 11 antibiotics of eight different groups were reported. Concerning this point, ciprofloxacin exhibited the highest efficacy against *A. sobria* (36 mm) than other quinolones (nalidixic acid and norfloxacin, 34 mm), followed by ceftriaxone (32 mm), chloramphenicol (24 mm), trimethoprim/sulfamethoxazole (22 mm) and gentamicin (18 mm); while ampicillin, amoxicillin/clavulanic acid, colistin sulphate and erythromycin produced insignificant zones of activities rendering the strain a multidrug resistant (MDR). Moreover, broth micro dilution test explored maximum activities of clove oil and ciprofloxacin (MIC value 0.00195 µg/ml each).

Efficacy of treatment trials in challenged fish

Experimentally infected *C. gariepinus* exhibited diverse clinical signs and mortality records. Positive control group showed abnormal behavior as listlessness, stop feeding, loss of reflexes and inability to swim. Furthermore, it expressed typical clinical picture of *A. sobria* infection including severe erythematic and hemorrhagic patches on different parts of the body surfaces, fins, operculum and around barbells. Internally, dissection of the freshly dead fish revealed friability and congestion of all internal organs, enlarged kidneys and distended gall bladder.

Mortality patterns in experimentally infected fish were first recorded 18 h post exposures and increased gradually. Remarkably, the cumulative mortalities varied among experimentally infected groups, it was 100% in infected non-treated one, however, both prophylactic and therapeutic treatment trails led to ameliorating the general health condition of fish with dimensioning the intensity of clinical signs and mortalities. It was noticed that the lowest cumulative mortality rate (10%) was observed in infected-treated group with 3% clove oil as

a prophylactic use indicating the protective effect on *A. sobria* infection in African catfish and its potential to replace antibiotics for controlling the disease, while, 30% fish mortality was recorded in infected-treated group with a prophylactic dose of ciprofloxacin. Interestingly, moderately high mortality rates were apparent in infected-treated groups with clove oil (60%) and ciprofloxacin (40%) as therapeutic treatments.

Re-isolation of aeromonas bacterial cells was recovered from freshly dead and clinically diseased sacrificed fish all over the experiment with lower bacterial loads from internal organs of infected-treated fish. On the contrary, control negative groups showed neither clinical signs nor mortalities and no *A. sobria* was isolated yet.

Serum parameters

Serum analysis revealed various metabolic disorders among experimental groups (Table 1). Obviously, positive control group displayed a significant increase of AST and ALT activities, serum urea, creatinine, total proteins and MDA levels together with decreasing the reduced GSH levels in comparison with respective parameters of the negative control group. Certainly, prophylactic or therapeutic administration of the essential oil succeeded to significantly enhance the conditions of all analyzed parameters. Moreover, serum IgM demonstrated significantly higher values in clove oil treated groups comparing to the positive control one appointed in the *in vivo* design. Hence, a more robust inference delivered from our study is the non-progressive disorders accompanied by no serious changes in serum parameters after exposing fish to clove oil.

Contrary to the eligible impact of clove oil, certain significant variations of blood chemistry in all fish groups received ciprofloxacin comparing with both positive and negative controls emphasized that antibiotic administration is an under recognized stress factor drastically alter fish biochemistry and metabolism, which must be dealt through unified local and global preventive approaches.

In vivo modulation of virulence genes expression

Quantitative RT-PCR analysis explored that the highest mRNA expression levels of *A. sobria* aerolysin and hemolysin genes were ubiquitously detected in

Table 1. Hematological changes in *Clarias gariepinus* within each group of the experiment protocol.

Serum parameter	Experiment groups							
	G1	G2	G3	G4	G5	G6	G7	G8
Total proteins (gm/dl)	6.03±0.3 ^b	5.4±0.26 ^c	5.6±0.38 ^c	6.8±0.13 ^a	5.7±0.23 ^c	6.9±0.24 ^a	5.3±0.34 ^c	5.9±0.6 ^{bc}
GSH (ng/ml)	6.21±0.23 ^d	9.59±0.26 ^a	7.56±0.42 ^c	6.98±0.31 ^d	7.24±0.22 ^c	6.56±0.51 ^d	9.7±0.6 ^a	8.2±0.24 ^b
MDA (nmol/l)	34.31±1.34 ^b	22.4±1.3 ^e	26.4±0.96 ^d	36.4±0.8 ^a	29.4±1.1 ^c	35.4±1.26 ^{ab}	22.2±0.93 ^e	27.1±0.98 ^d
ALT (IU/dl)	75.7±2.33 ^b	48.67±0.67 ^e	55.2±1.57 ^d	80.3±2.5 ^a	60.4±1.8 ^c	78.8±0.95 ^{ab}	47.23±0.21 ^e	54.6±0.62 ^d
AST (IU/dl)	36.14±0.5 ^b	21.05±0.53 ^e	27.34±1.3 ^d	38.05±1.5 ^a	30.5±1.2 ^c	37.5±1.87 ^a	20.65±0.21 ^e	26.5±1.2 ^d
Creatinine (mg/dl)	1.15±0.05 ^c	0.47±0.03 ^f	0.61±0.02 ^e	1.4±0.05 ^b	0.76±0.08 ^d	1.54±0.02 ^a	0.48±0.04 ^f	0.46±0.08 ^f
Urea (mg/dl)	1.67±0.03 ^c	0.82±0.05 ^f	0.93±0.33 ^c	1.83±0.04 ^a	1.04±0.06 ^d	1.74±0.07 ^b	0.8±0.04 ^f	0.79±0.09 ^f
IgM value (µg/ml)	10.38±0.43 ^f	23.33±0.08 ^a	18.42±0.11 ^c	15.53±0.36 ^e	17.8±0.62 ^{cd}	16.84±0.8 ^{de}	24.8±0.1 ^a	20.63±0.08 ^b

G, Group; G1, infected non-treated; G2, non-infected non-treated; G3, G4, infected and prophylactic treated with either clove oil or ciprofloxacin, respectively; G5, G6, infected and therapeutic treated with either clove oil or ciprofloxacin, respectively; G7, G8, non-infected treated with either clove oil or ciprofloxacin, respectively.

Means ± Standard Error in the same row carrying different superscript are significantly different ($P < 0.05$).

Table 2. Relative expression of *A. sobria* virulence genes in challenged *Clarias gariepinus* exposed to various treatments.

Virulence gene	Infected non-treated group	Infected-treated groups*				F value	P value
		G3	G4	G5	G6		
<i>Aero</i>	1.04±0.01 ^a	0.002±0.0002 ^c	0.015±0.003 ^{dc}	0.493±0.038 ^b	0.129±0.025 ^c	446.5	< 0.0001
<i>Hly</i>	1.01±0.03 ^a	0.008±0.0005 ^c	0.031±0.006 ^{dc}	0.785±0.019 ^b	0.147±0.005 ^c	826.1	< 0.0001

G, Group; G3, G4, infected and prophylactic treated with either clove oil or ciprofloxacin, respectively; G5, G6, infected and therapeutic treated with either clove oil or ciprofloxacin, respectively.

*Values represent the means of fold change in comparison with the transcription level of *A. sobria* strain extracted from infected non-treated group. Means within the same row carrying different superscripts are significant different at $P < 0.05$ based on Tukey's Honestly Significant Difference test.

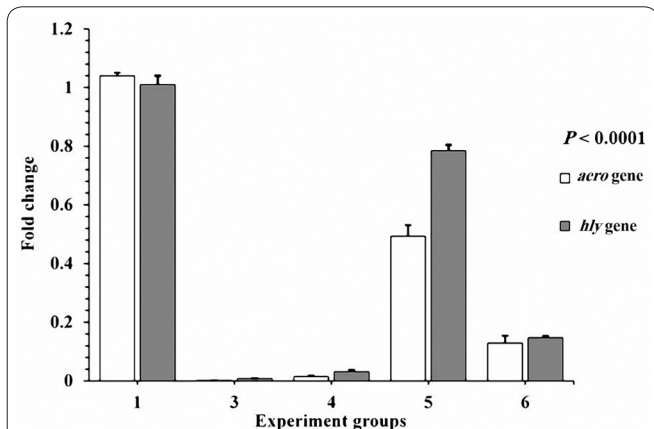


Figure 1. Transcript levels of aerolysin and hemolysin genes of *A. sobria* in tissue specimens of challenged catfish. The fold change of infected-treated groups was calculated with the $\Delta\Delta C_t$ method using 16S rDNA as a reference gene and was compared to that of infected-non treated one. P value refers to significant decrease of the transcript levels of *aero* and *hly* genes in infected and treated groups compared to positive control one.

positive control group; however, the transcript levels were decreased significantly within infected and treated ones ($P < 0.0001$) (Table 2) (Figure 1). Interestingly, the lowest expression levels were detected in group 3 supplied with clove oil as a prophylactic use, where the aerolysin and hemolysin transcripts decreased 0.002 and 0.008-folds post-challenge, respectively pointing to the wide range role of clove oil on the down-regulation of *A. sobria* virulence genes. Moreover, the use of ciprofloxacin as a prophylactic agent (group 4) induced weak expressions of the examined genes. Alternatively, both therapeutic treatments with either clove oil or ciprofloxacin (groups 5, 6, respectively) showed different responses of moderate expressions compared to prophylactic ones.

Discussion

Beyond any doubt, *Aeromonas* species are increasingly recognized among the most critical causes of mass mortalities in Egyptian aquaculture ventures (23). Because motile aeromonas septicemia has been considered a disease with a significant major economic impact on fish industry worldwide, it is etiologically important to control the potentially pathogenic aeromonads that have swiftly attacked certain cultured fish population (24). As a consequence, this work focused on the *in vitro* and *in vivo* antimicrobial properties of clove oil and ciprofloxacin against *A. sobria*.

Throughout this work, the combination of morphological and biochemical schemes easily characterized

and identified the *Aeromonas* strain at the phenotypic level, but genetic studies with the aid of PCR-RFLP analysis of the 16S rRNA gene accurately reflected the genomic complexity of a given species supposing to be *A. sobria*. Similar to previously reported data, Borrell and coauthors reported identical 16S rRNA gene RFLP profile ranging from 33 to 207 bp as genome-specific markers belonging to *A. sobria* indicating that the molecular strategies provide valuable insights into the identification of this strain (6).

The pathogenesis of *A. sobria* is multifactorial and depends upon the secretion of numerous extracellular factors that influence virulence. In the present investigation, supposed *A. sobria* strain demonstrated positive reaction to hemolytic test and Congo red binding assay given preliminary information about its virulence. More obviously, aerolysin and hemolysin virulence genes were identified in the tested strain by PCR. Similar phenotypic and genotypic detection of virulence factors of *A. sobria* were also reported (2, 25). With sufficient background data, this situation emphasizes the high pathogenicity potential of *A. sobria*, which suggests its high capability of causing disease in fish, especially because they were mostly isolated from diseased animals.

In vitro antimicrobial susceptibility testing declared that clove oil and ciprofloxacin exhibited high inhibitory effects against the *A. sobria* strain. The fact that clove oil presented a high antimicrobial activity is supported by numerous investigations ruling out the use of antibiotics and favoring the use of clove oil as an alternative strategy for the treatment of bacterial infections (26, 27).

Herein, *in vivo* virulence study of *A. sobria* displayed generalized septicemia lesions among experimentally challenged fish concerning it a successful invader of aquatic animals. The retrieved clinical signs and tissue alterations in experimentally infected fish were conformant with different reports describing the disease picture caused by the intended microbial agent (1, 28, 29).

In respect to mortality patterns in experimentally infected *C. gariepinus* with *A. sobria*, the commutative mortality was 100% in positive control group which could be attributed to the well documented pathogenicity mechanism induced by the virulence factors analyzed as declared in many previous studies (29, 30). It is noteworthy that the mortality rates were significantly decreased in fish administered clove oil or ciprofloxacin as a prophylactic use reporting cumulative mortalities of 10 and 30%, respectively. A recently documented *in vivo* assay indicated that clove oil used to develop a protective effect on catfish experimentally infected with *A. sobria* could replace antibiotics for controlling diseases

(1). In addition, ciprofloxacin had the priority on the therapeutic treatment of experimental *A. sobria* infection in comparable to clove oil as anecdotally reported (31), nonetheless, a growing interest in using plant extracts in animal production has been made an additional or supporting medicine as the unrestricted use of antibiotics in aquaculture even in the prophylactic dose may considered as a pronounced stress factor in the fish having a detrimental effect on human and animal health on a global scale (32).

Clinical chemical analysis is a fundamental tool, precisely reflecting the condition of the organism and changes taking place in it under the influence of internal and external factors. In the present study, serum analysis revealed marked increase in ALT, AST, total serum proteins, MDA, serum urea and creatinine values and decrease in the reduced GSH and IgM levels in infected non-treated fish when compared to respective parameters of the negative control group. In harmony with our findings, hematological parameters changes would occur subsequently in response to the invading pathogens, thus important internal organs such as kidney, spleen, liver and pancreas, which have considerable duty in fish physiology, must be affected acutely by infectious pathogens (33). Possible explanations were announced in previous literatures stating that elevated total serum proteins is an indicative for osmo-regulatory dysfunction, hem-dilution or tissue damage surrounding blood vessels (34); increased the two key transaminases, AST and ALT indicates liver dysfunction (35), elevated serum urea and creatinine levels attributes most probably to degenerative changes of the kidney (36), and increased MDA together with decreased the reduced GSH levels denotes oxidative stress (37).

Very little information is available regarding the effect of essential oils or antibiotics on fish biochemistry and metabolism, however, our investigation attained that either prophylactic or therapeutic administration of clove oil could improve the hematological parameters, enzymatic activities, immunological status and subsequently, general health conditions of challenged fish with *A. sobria*. Some discrepancies were discerned in the data published elsewhere (38), in which blood parameters were elevated immediately after administration of fish with an anesthetic concentration of clove oil then returned back to normal within 24 hours. Conversely, blood chemistry after ciprofloxacin administration showed adverse alterations which provide its stress effect on challenged fish as previously documented (19).

Indeed, qRT-PCR analysis indicated that the lowest expression levels of *A. sobria* aerolysin and hemolysin genes were reported in prophylactic treated groups with superiority of clove oil over ciprofloxacin. However, *in vivo* therapeutic application of both agents induced unexpected response. Noteworthy, although it is a relatively emerging practice, there is still no helpful work carried out on the *in vivo* data determining the potential usefulness of clove oil in down-regulation of *A. sobria* virulence genes. However, an *in vivo* study validating modulation of certain virulence genes in bacterial colonization was previously warranted using other medicinal plants and considered on a remote when compared with our first effort (39).

To our knowledge, this is the first report on the *in vivo*

influence of clove oil on the expression profiles of virulence-associated genes of *A. sobria*, which highlights a strong evidence for aquaculturists recommending the mandate of clove oil as a complementary medicine not only to protect fish from *A. sobria* infection, but also to modulate their virulence genes.

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Authors' contributions

MIA and NKA: contributed equally in the conception and design of the study, acquisition of data, analysis and interpretation of data, writing the paper, revising it critically for important intellectual content and final approval of the version to be published. HAA: application of blood chemistry, analysis and interpretation of data, statistical analysis and final approval of the version to be published.

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